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## The fear of COVID-19 created regret in candidates for professional decisions?

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Statement of the Problem: Coronavirus (COVID-19), which affects the whole world, continues to affect individuals physically, socially and psychologically. The purpose of this study is to describe whether the fear of covid in health professional candidates affects professional decision regret were investigated.

Methodology & Theoretical Orientation: This study was conducted in descriptive research type. The research was performed in Turkey to the east of a state university in the Faculty of Health Sciences and Nursing. The sample of the study consisted of 592 students studying in the 2020-2021 Fall semester. The data were collected from 01.11.2020 - 01.01.2021 with Personal Information Form, The Fear of COVID-19 Scale (FCV-19S), Career Decision Regret Scale. Correlation analysis was used to determine the relationship between fear of covid-19 and professional decision regret.

Findings: The mean age of the students was  $20.73 \pm 1.94$ , 87.3% are women, 75% of them have nuclear family structure, 34% were educated in the midwifery department, 36.7% of them are in the second grade, 57.8% of their income is equal to their expenses, 52% of them decide on their career choice with their family, 96.3% are determined to be single. The students Covid-19 fear scale total score average  $18.40 \pm 7.08$ , 68.4% of were determined to regret their professional decision. The correlation analysis has shown that no significant relationship was found between fear of covid-19 and professional decision regret (p = 0.583).

Conclusion & Significance: Findings show that no relationship was found between fear of COVID-19 and professional decision regret of healthcare professional candidates who continued their education online during the pandemic process.

## **Biography**

Hacer Ünver, faculty of health sciences, faculty member at midwifery department. She wrote her doctoral dissertation titled "The Effect of Yoga on Posttraumatic Growth and Quality of Life in the Postpartum Period". He's just early in his career. Open to all kinds of developments for his profession, ready for interdisciplinary and international team work.

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