

# INTERNATIONAL OBESITY, BARIATRIC AND METABOLIC SURGERY SUMMIT AND EXPO

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## Supportive aftercare for the bariatric patient

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Patient's engagement in quality educational and support resources is essential for optimal outcomes and long-term success following weight loss surgery. This presentation features highlights from three research projects on the importance of bariatric support groups, post-operative educational programs and insights into bariatric weight regain. Additionally, we will address the responsibility and opportunity for bariatric programs to expand their outreach, enhance their current patient offerings and implement new post-operative educational and support programs to improve outcomes and keep patients connected. Objectives

of this study are to learn ways to improve post-operative compliance and outcomes by developing quality aftercare programs; to identify the different needs of pre, post, and long-term bariatric patients and the importance of creating events, educational programs and quality support groups to meet those needs and; to learn ways to cultivate a network of support among your bariatric patients and keep them engaged with one another and your bariatric team.

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