

European Conference on **PSYCHIATRY**

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Schizophrenia explained by a schizophrenic scientist**Dr. Anna Cornelia Beyer***The Schizophrenia Clinic, Hull, UK*

I am a scientist with a PhD and a patient with schizophrenia since 2002. I have the advantage that I can research this illness with my own experience in mind. Since 2008, I have researched schizophrenia intensively, and published a book about it called *Health and Safety for Spirit Seers, Telepaths and Visionaries – Self-help for Schizophrenia*. In this talk, I will show the causes, symptoms and potential cures of schizophrenia. I want to show at my personal history how traumatic experiences and deprivation cause schizophrenia, I will argue that episodes most strongly happen in 'transition years' in the person's life, which might co-occur with global transition years. I will argue that the symptoms have a spiritual quality. My symptoms distinctly feel like spirit communication and telepathy (one can also call it clairaudience and clairvoyance). I always argue, also in my book, that the symptoms of schizophrenia must be thought of as telepathy. The main symptom in schizophrenia are auditory hallucinations, some people also see things. Auditory hallucinations are voices that the patient can hear, but no one else. To me, they have always felt like telepathy. Telepathy is an increasingly researched phenomenon. It is thought that aliens communicate that way, maybe animals too, and some accounts mention that spirits communicate via telepathy. There is not necessarily a cure for schizophrenia. But this illness can be managed so that it is less destructive and less painful to live with. I will show how medications, spirituality, loving kindness, and supplemental therapies, such as vitamin therapy and music therapy and a very healthy lifestyle, amongst others, can help in managing the condition and live a happier and healthier life.

Biography

Dr. Beyer holds a PhD in Politics from the University of Hull, where she worked for 12 years until 2019. She has since founded the Schizophrenia Clinic (www.schizophreniaclinic.com). Since 2008, she has researched schizophrenia in-depth. She is herself diagnosed with schizophrenia since 2002. She has authored 9 books, and many articles, 3 books on schizophrenia.