

International Congress on **MIDWIFERY AND MATERNAL HEALTH**

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Midwife knowledge and support to women is important for the family health**Annsophie Adolfsson***Orebro University, Sweden*

The EKC model (Empathy, Knowledge and Care) provides the necessary empathy, knowledge and care for the women who encounter health issues during their reproductive life. This approach to caring requires that healthcare workers are knowledgeable in order to confirm that a patient has suffered a miscarriage or a IUFD (Intra-uterine fetus death). Through understanding and training in the EKC model the healthcare professional increases their ability to be sympathetic and empathetic to a patient's needs. The workers get training in sexual and reproductive health in order to intimately understand how they affect the lives of individuals and their families.

Sexual and reproductive health is a cross-sectional science that includes medicine, psychology, sociology and the caring sciences. Some of the more commonly experienced issues are in the areas of spontaneous abortion, miscarriages, invitrofertolization and adoption. Issues such as sexual abuse and violence towards women is another issue that is treatable with the EKC model. Pregnant women with diabetes type 1 fall under "maternity and diabetes" issues.

Intimate knowledge about how the grieving process works is essential to be able to provide the necessary support to the patient. It is possible that the support will give them the courage and motivation to try and conceive again. One key aspect of the EKC model is to provide open and clear communication between the healthcare personnel and the patient, whether that communication is done face-to-face or otherwise. The structured EKC conversation provides a viable tool to help healthcare professionals assist their patients in coming to terms and resolving their loss.

Biography

Annsophie Adolfsson has completed his PhD at the age of 46 years from Linkoping University and postdoctoral from University of Washington, Seattle, US and Skovde University college of Sweden. She is the Professor of University College of southeast Norway and Associate Professor of Orebro University Medical sciences. She has published more than 58 papers in reputed journals and has been speaker at several conferences and reviewer at journals currently she is a senior lecturer at Orebro University, Sweden

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