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## Knowledge of maternal health services among women utilising primary health care facilities in ankpa, north central nigeria: a qualitative perspective

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Statement of the problem: The period of childbearing (15-49 years) is critical for most women. For some women, especially in developing nations, childbirth is associated with potential morbidities and even mortality. Health knowledge is one of the major factors that contribute to better childbearing experiences because it improves the woman's understanding and likelihood of utilization of appropriate health services. However, previous studies show lack of agreement regarding women's knowledge of the core components of maternal health services (MHS), indicating a need for a more in-depth exploration of women's knowledge of MHS. The purpose of this study was an in-depth exploration of women's knowledge of MHS. Methodology: The qualitative descriptive phenomenological approach was utilized in this study. A semi-structured, face-to-face in-depth interview was utilised to obtain data from 10 participants who had made use of four popular primary health care facilities in Ankpa town – two private, one mission and one public. Findings: The participants had some knowledge of some components of MHS as well as its importance and functions. All the participants knew of antenatal services, and the some of the screenings done. None of them could mention family planning as a component of MHS. Three themes emerged regarding women's knowledge of MHS. They included knowledge of components, importance and functions of MHS. Conclusion and significance: This study revealed a lack of in-depth knowledge of MHS among women in Kogi State, which has negatively impacted on the utilisation of some services, suggesting a need for more effective approaches to health education of childbearing women.

## **Biography**

Peace Iheanacho (RN, PhD) is a nurse lecturer with several years' experience teaching research methods in nursing, basic nursing, psychology in nursing and mental health and psychiatric nursing. She has developed interest in qualitative research especially hermeneutic phenomenology.

Uchechi Opara (RN, MSc) has several years of experience working among women of childbearing age at a private primary care hospital. Her wor catered around pregnancy, labour, delivery, and post natal care, family planning, child health services and HIV care. She is currently a doctoral student in a university in Canada where she is researching on maternal health service utilization.

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