

INTERNATIONAL OBESITY, BARIATRIC AND METABOLIC SURGERY SUMMIT AND EXPO

August 23-24, 2017 | Toronto, Canada



Bobby Whisnand

Bobby Whisnand Fitness, USA

Built in America: Making wellness fit for life!

Bobby Whisnand rewrites the book on wellness by delivering an eye-opening keynote presentation on the state of wellness in the United States. Bobby turns heads as he clearly shows the medical industry, health associations, companies and individuals what's missing in their ways of wellness. With topics like "The Fitness Industry is Out of Shape", "The Perfect Pair of Genes", "Lucky #23" and "Living Your Life in Dog Years", Bobby opens the eyes and hearts of his audience by showing his turnkey solutions for a much healthier and accountable exercise industry, a clearer path to a nation of healthier eating and a more practical and effective way for the medical industry to show their patients the true way to health. Bobby helps his audiences to see wellness in an entirely new light and paves the way to a much healthier and longer living nation.

Speaker Biography

Bobby Whisnand is a keynote speaker, personal trainer, exercise therapist, and author holding a BS in Psychology from Midwestern State University. He is certified through the International Sports Science Association as a Specialist in Exercise Therapy, Specialist in Sports Nutrition, and as an Elite Trainer. He is also a Cooper Aerobics Institute certified personal trainer. Over his 27 years in the fitness industry, he has designed fitness programs for over 7,000 patients, of which over 5,000 were weight loss surgery patients. He has received endorsements from many doctors and surgeons from many areas of medicine and has represented the American Heart Association as a fitness expert at many events. He has also written several articles on heart health for the Polar Heart Rate Company which were selected for global publication. One of Bobby's favorite things to do is speak, and he has given over 500 presentations on fitness, heart health, and motivation to a wide array of audiences.

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