

April 28-29, 2021

Webinar

Rishu Bansal et al., Journal of Neuropsychiatry 2021, Volume: 05
ISSN: 2471-8548

Borderline personality disorder and Comorbid Addiction

Rishu Bansal*, T Aladashvili¹, O Kukhianidze², N Okribelashvili³

*European University, Georgia

Introduction: Borderline personality disorder is characterized by dysregulation of emotions, interpersonal relationships, behaviors, thinking processes, unstable self-image, impulsivity and splitting. The relationship between BPD and addiction is a very tight one. Those who have BPD are more likely to engage in drug or alcohol consumption as an attempt to escape from reality and the reason behind this was mostly anxiety. The use of drugs and alcohol aggravate some of the more dangerous symptoms of BPD, most notably, rage and depression.

Aim of study: To evaluate the percentage of comorbid addiction among BPD patients and demonstrate prevailing alcohol or drug abuse cases and to detect which substance is prevailing among comorbid BPD patients.

Method: Screen the inpatients of “Center for Mental Health and Prevention of Addiction” (Tbilisi, Georgia) for BPD (F60.3 According to ICD-10) and determine incidence of co-occurring addiction. In the Center for the improvement of condition Psychotherapy along with medications (Quetiapine, carbamazepine, valproate and fluvoxamine) has been used.

Results: 55 inpatients of our Center were diagnosed with Borderline Personality Disorder since January 2018, 50 of them had co-occurring addiction.

Conclusions: Results show that 90.9% of BPD patients who were hospitalized had co-occurring addiction. Comorbid substance abuse causes worsening of patients’ symptoms and decompensation, leads to frequent hospitalization, makes the treatment process more difficult.

High incidence of alcohol abuse among BPD patients in Georgia can be explained by specific ethno-cultural relationship of our country with wine and its cheapest. As Georgia is considered to be the cradle of wine, winemaking and drinking is often not seeing as a problem, even when it becomes an everyday habit.

Keywords: BPD, addiction, comorbid, abuse.

drishu27@gmail.com

