



31st International Conference on **Pediatrics, Neonatology and Pediatric Nursing**

Benefits and Risks of Digital Media Use

Enrique Mendoza-López MD

Monterrey N.L. México

The electronic media has been introduced slowly in the last years and digital literacy consequently. The most important change is the social networks and association with the smartphone, this interaction plus touchscreen, this changes start the explosion of benefits and troubles. The future of children is the Digital Media, because a lot of learning (knowledge) and later their careers rests in this way as: Digital Police, Manager of Cloud Storage, Nano Technology, Nano Medicine, Digital Marketing. MA lot of troubles comes with this new way to live as Pornography, Sexting, Phubbing, Texting while driving a car, Cyberchondria, Aggression, Self Injuries. We must follow the rules of Digital Media use and should educate parents, medical doctors, teachers to avoid the problems of untidy use.

Received: 9/9/2021 | **Accepted:** 13/9/2021 | **Published:** 28/1/2022