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Barriers to the application of the nursing process in the regional hospital bamenda-cameroon**Loh Stanley Yuh***University School of Medicine, Maryland, USA*

Statement of the Problem: The nursing process remains one of the unique pillars that confer nursing autonomy as a profession. However, implementation of the nursing process in the Regional Hospital Bamenda remains a challenge. This study set to assess barriers to the application of the nursing process at the Regional Hospital Bamenda-Cameroon. The specific objectives were to determine the demographic factors of nurses; identify the institutional factors and to find out the socio-cultural factors that hinder the implementation of the nursing process. **Methodology:** A cross sectional study was carried out using a convenient sample of 65 nursing staff. Data were collected using self-administered questionnaires with Pearson reliability coefficient of 0.87. The data were analysed using SPSS. **Findings:** The study revealed that 68% of the participants did not know the steps of the nursing process. Advancing age and longevity of nurses; rejection and lack of support of nursing process, non-recognition of those who make an effort, inadequate monitoring; inadequate resources; and nursing peers, family, religion and culture hindered implementation of the nursing process. The nursing process was viewed by all participants as time-consuming and others, 92% as tedious. **Conclusion & Significance** Implementation of the nursing process was found to be negatively affected by demographic, institutional and sociocultural factors. Within the perspectives of this study, the nursing care plan needs to be vulgarized as a professional tool in the hospital, client satisfaction with nursing services evaluated and an observational study carried out using patients' records to improve on the objectivity of this study.

Biography

Loh Stanley Yuh is a passionate nursing scholar with expertise in nursing education. His main focus is improvement in healthcare, client satisfaction and wellbeing. His expertise has been built over several years of experience in nursing education, practice, administration and management. As a fervent nursing educator, guidance counsellor, practitioner, administrator and manager, he found it necessary to rise to the helm of his career. So he is currently blending work as Director of School of Nursing Assistance Bamenda-Cameroon with studies as a PhD nursing candidate in Texila American University, Georgetown, Guyana. Loh is also a visiting lecturer of nursing at Full Gospel Training School for Health Personnel, Bamenda. He is an advocate of nursing standards, affiliate of the Cameroon Nursing Council and a member of the Cameroon Nursing & Midwifery Association (CNMA).

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