

26th International Conference on

Advanced Dental Care

October 08-09, 2018 Moscow, Russia

Dent Craniofac Res 2018, Volume 3 DOI: 10.21767/2576-392X-C4-012

Early treatment in orthodontics: Between practice and evidence

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The early treatment in orthodontics is one of the important challenging topics in practicing orthodontics since it lies in a foggy zone between the practices in different specialties, general dentist, pedodontist and the orthodontist, early treatment aims primarily to prevent and correct "bite" irregularities. Several factors may contribute to such irregularities, including genetic factors, the early loss of primary (baby) teeth, and damaging oral habits (such as thumb sucking and developmental problems), many researches have been done on the interventions used such as timing, most effective methods of doing this since the evidence is dynamic, author has done his best to update the lecture with the most recent, strong evidence, so the audience is

provided with updated knowledge patient centered answers for daily clinical situations. Teaching points of this presentation will include the following: in general he will use the paradigm of why, when, how, and what is next for any intervention will be used and this according to the recent evidence; crowding management in mixed dentition, serial extraction procedure, indications and steps; space management (regaining and maintaining); treatment of skeletal problems, best practices and recent evidences; habits management, step by step, habits breaking appliances; correction of cross bites, steps and appliances will be discussed.

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