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Early malocclusion prevention in children

Belfer Marina

Russian University of People's Friendship, Moscow



Malocclusion is usually known as an inherited or congenital condition. However, in many cases it is caused in early childhood by prolonged use of a pacifier or bottle/breast feeding, thumb/foreign object sucking, injuries that result in the misalignment of the jaw, poor dental care that results in improperly fitting dental restorations or untreated carious lesions, primary teeth extractions without space maintainers, mouth breathing, potentially caused by allergies or airway obstruction by enlarged adenoids/tonsils or bad habits. The consequences of malocclusion in children are deplorable, leading to improper alignment of the teeth, alteration in the appearance of the face, self-esteem problems, frequent biting of the inner cheeks or tongue, discomfort when chewing or biting, speech problems, including the development of a lisp, mouth breathing resulting in adenoid and long face formation, trauma and caries susceptibility. It is therefore important that attention

be paid to the methods of early prevention of malocclusion in infants, thereby eliminating the future problems in the bud. The present report explores several best practices, used in infants to reduce the long-term complications of malocclusion.

Biography

Dr. Belfer Marina has completed her DMD at the age of 25 years from Tel Aviv University (School of dentistry) and postdoctoral studies from Jerusalem University (Pediatric Dentistry) and Russian University of People's Friendship (Orthodontics). She is an assistant professor of the department of Paediatric Dentistry and Orthodontics in RUDN University and has a dental practice in Moscow. She has published more than 25 papers in reputed journals and has translated several dental textbooks and lecturers into Russian. Dr. Belfer delivered many lectures in child dentistry and orthodontics all over the world.

mbelfer@mail.ru