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SHADE MATCHING IN ESTHETIC DENTISTRY

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Color is light. Attractive restorative outcomes begin with an adequate tooth shape and silhouette that reflect light properly. This is essential in order to meet patients' expectations and positively influence their self-esteem. The color the eye perceives is a wavelength of light that our eyes interpret using rods and cones. The rods see black and white and the cones perceive colors. To improve ability to perceive colors, one should

understand the shortcomings of shade guides, eyes, lighting conditions and surroundings. Clinical skill is certainly fundamental when selecting tooth shades. This presentation will highlight the major elements and techniques in esthetic dentistry in order to fully understand the colors and many hints and tricks to choose the best shade for a perfect cosmetic restoration.

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