

GREEN DENTISTRY: A PARADIGM SHIFT TOWARDS SUSTAINABILITY

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In the contemporary world of scientific advancements and discovery, sustainability and eco-compliance have been the driving forces for all new technologies across all fields. Many industries have shown paradigm shifts in established processes and methodologies to move towards sustainable and environment friendly future. Amidst this changing world scenario, Green dentistry comes as a promising advancement in mitigating the ill-effects of dental wastes on the environment, and as an upgrade to the existing dental practices which are energy and resource intensive. Green Dentistry is a high-tech approach that reduces the environmental impact of dental practices and encompasses a service model for dentistry that supports and maintains wellness. In essence, it encompasses the long established concept of '4R'—Reduce, Reuse, Recycle and Rethink. In today's world of dying whales and vanishing forests, it becomes a professional obligation and a social responsibility for the dental community to adopt greener measures and play our part in environment protection. It's time to change colour coded bags to GREEN!.

Biography

Tanvi Thakur is pursuing Bachelors of Dental Surgery and currently doing her internship at a reputed college and hospital Dr. Harvansh Singh Judge Institute of Dental Sciences and Hospital, Panjab University, Chandigarh, India. She will be completing her internship in July, 2019.

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