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SECRET WORLD OF ORTHODONTICS: LINGUAL APPROACH

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Aim: In dentistry today, the most important reason why orthodontic treatment is not preferred by adults is aesthetic concerns. The greatest expectation of individuals who need orthodontic treatment is that the treatment method does not create aesthetic concerns during this process. In this respect, lingual orthodontics is indispensable not only for patient satisfaction but also for increasing number of cases for orthodontists as the only real invisible orthodontic treatment option. In this presentation, indications, contraindications, treatment process, difficulties and duration of treatment, oral hygiene, cost, advantages and disadvantages and patient satisfaction will be discussed in all aspects.

Material & Method: Lingual bracket systems have been developed during time in order to achieve successful and predictable treatment results and customized lingual brackets have been produced. Today, customized lingual brackets have brought orthodontic and digital dentistry together and lingual orthodontic treatments have produced predictable and successful results as much as the labial orthodontic treatments. In this presentation, different orthodontic malocclusion cases from simple to complex will be shared from beginning to the finishing treated with customized lingual bracket systems.

Results: Treatment results of adult patients who underwent lingual orthodontic treatment will be shared.

Discussion & Conclusion: In the past, force transfer, torque control and bracket shape were big problems for orthodontists treating patients with lingual orthodontics. With lingual orthodontics solving its problems by technology, its impact on orthodontics with respect to time will be much more in the future.

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