

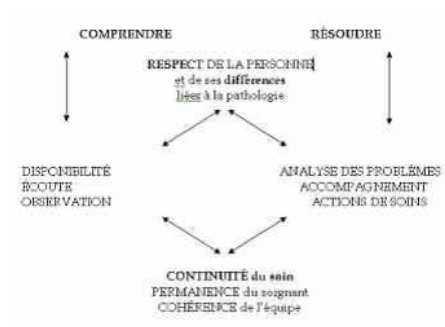
# THE NURSING APPROACH TO PATIENTS WITH MENTAL DISORDERS USING THE JEAN WATSON MODEL

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Psychiatric disorders are an increasingly common reason for consulting psychiatric services. Their prevalence, in first place varies according to the studies from 34 to 54%. In fact, patients suffering from mental illnesses require specialized care as well as support, specific therapeutic education, social reintegration and home follow-up on a regular basis. Our research aims to study holistic nurse intervention in patients with psychiatric disorders. A quantitative descriptive approach was prepared using a self-administered questionnaire with 60 nurses working at the Razi Mannouba psychiatric hospital, CHU Fattouma Bourguiba of Monastir, Ibn Al-Jazzar Regional Hospital of Kairouan and CHU Taher Sfar de Mahdia. The ethical principle has been respected. We noted through our work that (66.7%) of respondents disagreed that technical care is more important than relational care in psychiatry. The totality of our sample did not hear about the mobile services in Tunisia, concerning the care and support of the mentally ill, the quasi-totality of the participants (90%) hold to the satisfaction of the basic primary needs of the patients. In addition, all of the study participants (100%) do not perform home-based follow-up for patients with psychiatric disorders. In short, overall nursing care for patients with mental illnesses requires specific nursing intervention and upstream hospitalization to strengthen and improve care strategies for these patients.

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**Fig1.** Specific role of the psychiatric nurse to the patient