

CHILDBIRTH COUNSELLING FOR PREGNANT WOMEN REQUESTED FOR CAESAREAN DELIVERY

Amina El-Nemer

Mansoura University, Egypt

Aim: The study was carried out to assess the effect of childbirth counselling on pregnant women requested for caesarean delivery.

Methods: One arm intervention study was carried out at two private clinics at Mansoura, Egypt, Using the clinics database. A purposive sample of 40 women was identified based on who had planned for on demand primary Caesarean section between October 2016 and Jan 2017.

Results: A total of 40 eligible women were identified from the clinics database. Most of women in the study were requested caesarean delivery because it less painful, easier, for the safety of the baby and for their sexual health. After counselling, 75% of women switched to normal vaginal delivery and actually 80% of women who were planned for caesarean delivery experienced vaginal delivery, in addition they were more satisfied with their birth experiences than other women who experienced caesarean delivery.

Conclusion: Counselling of pregnant women who were planned for on demand caesarean delivery with adequate information and knowledge helped them moving to normal vaginal delivery and saved them from avoidable harm.

Biography

Amina Mohamed Rashad Mahmoud El-Nemer is the Dean of Faculty of Nursing, Mansoura University, Egypt from 2016 till date. She was earlier the Vice Dean of Faculty of Nursing, student affairs from 2015 to 2016. She has many International Projects and Coordination's like "Development and implementation of a labour companionship model for integration in public hospitals in three Arab middle-income countries (Beirute, Syria, Egypt) American University of Beirut) which was funded by World Health Organization, Switzerland in 2013-2015". "Research Ethics Training program at the University of Maryland, School of Medicine, Baltimore, Maryland, during the time of June to July 2005". "Human Participants Protection Education for Research Teams online course sponsored by the National Institutes of Health (NIH), on 07/09/2005, USA". She also published various research papers like "Utilization of a Self-Care Educational Program for Alleviating Chemotherapy Induced Physical Side Effects. Journal of Cancer Treatment and Research, 2015". "Maternal Near -Misses in a University Hospital. IOSR Journal of Nursing and Health Science (IOSR-JNHS), 2015". "Effect of Childbirth Counselling on Pregnant Women Requested for Caesarean Delivery. IOSR Journal of Nursing and Health Science (IOSR-JNHS) 2015". She also has experience on "Quality assurance and Accreditation in Higher Education, Health Research Ethics, Qualitative Research, women Health".

memylady@hotmail.com