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## THE USE OF RADIOFREQUENCY FOR WOMEN'S INTIMATE HEALTH

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orldwide women desire to reclaim their younger bodies. They want to f V restore their sexual well-being also. Recent studies showed the multiple benefits for women who complained about different intimate disorders associated with youthfulness, well-being and reviving their relationships. Childbirth and the natural aging process cause changes which can affect femminine wellness. Multiple childbirth can bring up to stretching of the vagina. Even the menopause can lead to physical and functional changes and excessive dryness. All these situations can rob women and their partners of their sense of sexual well-being. Women do not want that out of control feeling about their own bodies, especially about the most intimate part of their lives. Women in our days want to reclaim their younger bodies. They want to restore their well-being and revive their relationships which can be introduced by the temperature controlled radiofrequency which uses energy to gently heat the tissue. In this way the physical and functional well-being can be restored. Clinical studies show that heating the tissue on about 40°C there will be engaged an inflammatory process in which the fibroblasts are stimulated to produce new collagen increasing vascularity and blood flow. In a multi-site clinical trial more than 93% of women treated reported improvement in vaginal laxity and significant improvement in sexual function, such as arousal, desire, lubrication, orgasmic function and general sexual satisfaction and pain.

## **Biography**

Katharina Sirch has graduated at Padova's University, Italy, in Medicine, and specialized in Ophthalmology at the University of Munich, Germany. She is always interested in Medical Beauty, Health and Well-being. She dedicated more than 15 years in the aesthetic and anti-aging, including the HRT therapy, to find the best solutions for her patients to feel them always the best of any age. She is trained in the most known techniques for face and body rejuvenation, like the use of Botox, the injection of the hyaluronic acid, the nanofat grafting, the non-surgical lifting techniques and more.

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