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NURSE PRACTITIONER—DRIVEN OPTIMIZATION OF PRESURGICAL TESTING

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Nurse practitioners play a pivotal role as members of the perioperative team. The evolution of presurgical testing is highlighted from the vantage of generic testing to one that is tailored to the patient's clinical presentation and the type of surgery to be performed, whether it is high, intermediate, or low risk. Emphasis is placed on indicated testing, screening tools to identify patients at risk for perioperative complications, the optimization of patients before undergoing major cancer surgery, and enhanced recovery after surgery. The goal is to bring awareness to our colleagues that evidence-based practice defines the present role of the nurse practitioner in this setting and evidence will shape its future direction.



Biography

Stacey Cuomo holds a Doctorate of Nursing Practice as a Family Nurse Practitioner. Her background is comprised of working in both inpatient and outpatient settings with a foundation in Critical Care Nursing. Her experience has been gained through teaching, mentoring and providing patient care. She currently works at Memorial Sloan Kettering Cancer Center a leading academic institution located in New York City, NY U.S.A. Most recently, her focus is on the Pre-Surgical Testing department and the patient surgical process. She is passionate about utilizing the pre-operative period as a mechanism to identify, plan and execute a patient care plan. The identification of potential patient problems early in the operative process benefits the patient and institution. She looks forward to continuing to educate, manage and research as a way to contribute to the surgical patient population.

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Standard assessments for all patients	Referrals based on individualized need	Additional required testing based on individualized need	Additional consultations required based on individualized need
Diagnosis	Medicine	Echocardiogram	Pain service
History of present illness	Cardiology	Ultrasound	Lactation specialist
Past medical history	Endocrinology		Head and neck service
Past surgical history	Neurologist		Smoking cessation program
Review of systems	Geriatrician		
Physical assessment	Psychologist		
Anesthesia history			
Airway exam			

Figure 1. NP assessments during the PST visit. PST, presurgical testing. This image is available in color online at www.jopan.org.