

June 21-22, 2018  
Paris, FranceJ Nurs Health Stud 2018, Volume: 3  
DOI: 10.21767/2574-2825-C3-009

## EMERGENCY NURSING CARE

### Pauline Dallongeville

Croix Rouge Francaise d'Arras, France

**Education:** The ER nurse has a role in the patients and family education, despite the rush and the lack of time, the ER nurse must educate and make sure the patient has understood everything before he leaves the hospital. Some of them are not using the primary care for different reasons, and leave them without follow up. So it is important to make sure they understand what happened and the consequences of their illness. As much the chronic disease like diabetes, than the acute patients like head trauma. Plus it reduces the stress level of the patient, and he becomes an operator in his own health. The ER nurse will become a safety advisor in any circumstances and promote wellness.

**Personal skills:** An ER nurse requires few skills. As she will deal with a wide diversity of illness and injuries, and a wider diversity of individuals, coming from different backgrounds, with different culture. They will need to adapt to each one, at their level. They will be exposed to difficult situations as the death, life threatening emergencies, psychiatric decompensation, etc... So they need to stay focus despite the pressure. Stress is the daily basis in the ER, and every second count, so time management is a key as well. The ER nurse needs to think fast, focus, be multiple tasking, all of it while staying compassionate.

**Prioritise:** One the main skills required as a ER nurse is to prioritise. The work can easily comes from everywhere at the same time, and it can happen to have more than one life threatening emergency at once (Mass casualties accident for example). But remember, there is only one that comes first. The triage nurse has only few minutes to assess patients, collect the medical history and to determinate if the urgency of the patient. They will need to anticipate and find out the nearly unstable patient. So they need to make rapid decisions.

**Welcome:** The ER nurse is on the frontline, they welcome the patients and their families. They give the first impression to the people who comes in. This is a very important task and responsibility to welcome individuals at the hospital. They transmet his values. Especially in a new economic system, where health system becomes a business, and care providers promote their employers and their morals.

Dallongeville Pauline  
polinepam@hotmail.com