

Nursing Education & Research

April 23-25, 2018
Rome, Italy

Ligia Patricia Rojas Valenciano, J Nurs Health Stud 2018, Volume 3
DOI: 10.21767/2574-2825-C1-001

FOLLOW-UP OF EVIDENCE-BASED NURSING TRAINING COURSE TAUGHT BY THE CIEBE-CR PROGRAM OF THE NURSING SCHOOL OF THE UNIVERSITY OF COSTA RICA

Ligia Patricia Rojas Valenciano

Nursing School, University of Costa Rica, Costa Rica



Method: The CIEBE-CR Program developed a training course aimed at nursing professionals, the course lasts four months and is given annually -to date they have taken out 10 courses- in the educational modality as a hybrid course. The participant develops his research based on the evidence as the units of the course are developed and upon completion will present his brief review of literature, which may be submitted for publication. Each participant is also assigned a tutor who will help in the training process. During the process, the learning follow-up is carried out through the formative evaluations and activities that are requested of the participant and at the end of the course the quantity and quality of final works presented and recommended by the tutors for their publication is valued.

Results: Ten courses on "Clinical practice based on evidence" have been carried out since 2008 to date, aimed at health professionals, especially nurses. 200 professionals who work in different institutions of the country both in the hospital area and primary health care have participated in the course. Of the professionals participating in the 10 courses, only 150 have completed them. From the training of the course, 10 local centers of evidence-based research (CLIBE) have been established to work with both primary and secondary research and motivate other health professionals to improve their practice by strengthening safety in patient care.

Conclusion: Evidence-based nursing training is perceived as a very important research methodology that must be mastered by all nurses; however, there are personal and labor barriers that underestimate, limit or hinder the development of this methodology in daily clinical practice, it observes more support in the last three years by the authorities of the health and social security system of Costa Rica for training and Nursing update in this research.

Biography

Ligia Patricia Rojas has completed his PhD at the age of 45 years from UNED University. She is Catedratical Professor and Researcher in the University of Costa Rica. She is the Coordinator of Evidence-based Nursing Research Collaboration Program in Costa Rica, Coordinator of Master's Degree in Gynecological, Obstetric and Perinatal Nursing in the Postgraduate in Nursing Sciences at the University of Costa Rica. Editor in Chief of the Current Nursing Journal of Costa Rica. She has published papers in international and national journals and participates as a peer reviewer in several nursing journals.

ligiarojas7@gmail.com