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## Thread lifting methods: Practical advices and techniques

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**Introduction:** In recent years, thread lifting methods are more frequently applied in practice of specialists in dermatology and aesthetic surgery. As of today, dozen and even hundreds of different threads and methods are there for face and body rejuvenation. Frequently, the companies not even trouble themselves to teach the doctors offering them to purchase the products- threads not even thinking about any possible consequences.

**Materials & Methods:** Advices offered by author are based on thread lifting method application by group of the doctors for 20 years. There were researched results of different methods and procedures performed on more than 300 patients for evaluation of given techniques effectiveness. During many years the technique of thread placing subcutaneously has been modified for more safe and effective methods application.

**Results:** As a result of longstanding work, we succeeded to gather all the features and details of threads application for face and body rejuvenation, to differentiate and to structure thread lifting process and to offer our colleague's practical advices and techniques in order to achieve the best results with application of majority of threads presented in the market.

**Discussion & Conclusion:** Aim of presented work is to increase safety level of thread lifting application, to lighten doctor's work and to increase quality of derivable results as well.

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## Restoration of the facial deformities (depressed nose and nasal fistulae) in leprosy

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The claw hand is an outcome of ulnar nerve injury. This result both functional and cosmetic problems to the affected person. We have tried to reconstruct this hand by giving additional motor support to metacarpophalangeal joint by transferring the FDS muscle. We also used the palmaris longus. Extensor carpi radialis longus muscles in various patients to reconstruct the claw hand deformities. I will discuss the merits and demerits of various motor units related to the functions and the cosmetic appearance.

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