

2<sup>nd</sup> International Conference on

# PLASTIC & AESTHETIC SURGERY

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## 1.5 cm temporal incision to complete midface and brow lift without endoscopy

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**Introduction & Objective:** Plastic surgery is considered as truly successful if only the result appears natural. Vertical facial elevations follow this philosophy. The midface technique is prevalent and the typical access route is via the eyelid. Video surgery facilitates the technique with a smaller incision on the scalp. The author will demonstrate non-endoscopic midface facial lifting through the same incision.

**Method:** Through a 1.5 cm temporal incision, using a detacher, sub-periosteal detachment in superior and lower orbital regions is performed, followed by malar and zygomatic-malar detachment. Infraorbital nerve insertion is preserved. Suture with a Casa Grande needle is threaded at the lower middle region and fixed in the temporal region, one or two threads for each hemi-face. Threads are fixed to the eyebrow and scalp, to perform the browlift. The middle and upper third are addressed simultaneously.

**Results:** Facial elevation was achieved and expressivity preserved. No patient faced the stigma of having facial operation. Surgery duration is minimal, due to reduced incisions and time for skin closure.

**Comments:** There is a learning curve to perform detachment without damaging the "danger zones" and infraorbital nerve.

**Conclusion:** The benefit of detachment without large incisions was achieved and is justified by repositioning of tissue with threads fixed in a vertically elevating position, providing natural results.

### Biography

Alexandre Nunes holds a Bachelor's degree in Medicine from Pontifícia Universidade Católica de Campinas (1995). He has specialization in Plastic Surgery from Santa Cecília University, Staffs Ewaldo Bolivar S Pinto, Osvaldo Saldanha (2000). He also has specialization in Reconstructive Cosmetic Surgery for Breast Pathology from Pérola Byington Hospital (2002). He has done his Internship at the Municipal Hospital Miguel Couto (1997). Currently, he is the General Surgeon and Member of the Brazilian Society of Burn, Plastic Surgeon at the Brazilian School of Surgeons, Member of the International Society for Burn Injuries, Member of the Paulista Medicine Association and Specialist Member of the Brazilian Society of Plastic Surgery. He is experienced in minimally invasive procedures such as eyebrow, midface, video surgery, nose tip lifting, fat graft and a large experience in CO2 Laser - SmartXide2 to face treatments. His differential advantage is top-of-the-range equipment like VASER® Lipo-Selection improves the benefits of body results. The treatment of buttocks is very common between Brazilians Plastic Surgeons, and Vaser Lipo® improves this result.

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