Epigenetic strategies to treat neurodegenerative diseases

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Neuropsychiatric and neurodegenerative diseases are an increasingly emotional and economic burden to our societies. Recently the German government has created novel Health Center's within the Helmholtz Society to foster translational research for the major disease such as cancer, cardiovascular diseases and for neurodegenerative diseases. In this context, the German Center for Neurodegenerative (DZNE) has been established. It consists of 9 research institutes across Germany. The site in Göttingen has a specific focus on epigenetic processes in neurodegenerative diseases, a novel research area in the neurosciences. The etiology of neurodegenerative and neuropsychiatric diseases is often complex and disease progression is due to variable combinations of genetic and environmental risk. Especially the environmental risk has been difficult to measure. Epigenetic processes are key regulators of such genome-environment interactions and have emerged as novel therapeutic targets in various brain diseases including depression, post-traumatic stress disorder or Alzheimer's disease (AD). In addition, the analysis of epigenetic marks offers the ability to develop a novel biomarker and hold great promise for patient stratification and personalized medicine. In my presentation, I will give an overview of the novel research field of neuroepigenetics and highlight specific examples of its potential in translational research. For example, we have discovered that inhibitors of histone-deacetylases, which control epigenetic gene-expression at the systems level, ameliorate disease phenotypes in mouse models for an AD and have now initiated the first clinical trial using an FDA approved HDAC inhibitor vorinostat to treat AD patients. Another key area I will cover in my presentation is the use of epigenetic marks as a biomarker for the stratification of patients suffering from neurological diseases. Here is central hypothesis is that the various AD risk factors eventually lead to aberrant gene-expression and loss of transcriptional control. This is based on the assumption that proper gene-expression is a core feature of cellular homeostasis and that changes occurring at various compartments of the cell (e.g. at the synapse) will eventually signal to the nucleus and cause gene-expression changes. Thus, targeting pathological gene-expression could be a suitable therapeutic approach, especially in multifactorial diseases such as AD, where it is nearly impossible to determine all the genetic and environmental factors that eventually contribute to clinical phenotypes (Fig 1).

Recent Publications


Figure 1: An epigenetic view on the pathogenesis of Alzheimer’s disease (AD)


Biography
Andre Fischer is a Professor at the Medical Center of the University of Goettingen, Director of the Department for Systems Medicine and Epigenetics in Neurodegenerative Diseases at German Center for Neurodegenerative Diseases (DZNE) and Spokesman of the DZNE site Goettingen since 2011. He was leading a junior research group funded by the EURYI Award at European Neuroscience Institute, Goettingen. The scientific results of this group significantly contributed to the establishment of the new research field of neuroepigenetics.

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