

August 20-21, 2018 Dublin, Ireland 9th International Conference on

## **Acupuncture & Chinese Medicine**

Herb Med. 2018, Volume 4 DOI: 10.21767/2472-0151-C1-003

## **COSMETIC ACUPUNCTURE FOR FACIAL AND BODY REJUVENATION**

## Inna Melnikov

National University of Health Sciences, USA

The use of acupuncture for facial rejuvenation has received high acclaim worldwide. Acupuncture is commonly used to treat facial wrinkles, sagging of skin, puffiness under eyes and droopy eyelid. According to the main paradigm of Traditional Chinese Medicine free and unobstructed Qi and blood is the foundation of health. Cosmetic Acupuncture is a therapeutic modality involving insertion of fine needles into the acupuncture points on the channel and extra meridian points leading to restoration of the circulation of energy and blood. As a result of generation

of collagen and elastin; improved excretory function of the skin; elimination of adhesions of the muscle tissue and the following benefits are achieved like decreased facial edema; elimination and reduction of wrinkles; healing of acne and scars; improvement of facial muscle tone; tightening of pores; and decrease of sagging appearance of the chin; cheeks; neck and eyelids. Acupuncture is cost efficient in comparison to Botox, Juvederm and Restylane has no side effects and benefits patient's health.

innamorris@icloud.com