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APPLICATION OF THE NAVEL GATE IN ASSESSMENT AND TREATMENT

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The Umbilicus Cord is the original gate of our life force. It is the pre-natal pathway of nourishment and purity. The Navel is a contra indication for acupuncture needles. Yet, has many applications in TCM for both Assessment and Treatment. The Navel we see in our bodies today is an expression of the cord our organs and soul essence once utilized to create our physical form, as well as to receive and maintain life. Evaluating the Navel's shape and its inner lines may reveal a soul chart with much insight regarding one's constitution, well-being and spiritual transformation. This course focuses on Navel evaluation

and Healing through the Navel Gate. Participants will learn to harmonize the energy (Qi flow) in the entire body by clearing physical and emotional symptoms associated with imbalances of the internal organs. They will explore the link between emotional stress and specific physical symptoms of disharmony; Navel reading; Application of therapeutic pressure points around the Navel along with healing sound vibrations, as well as deep internal organ manipulations and relaxation.

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