

ASSESSMENT AND TREATMENT OF SHOULDER IMPINGEMENT SYNDROME

Jenny Nieters

Alameda Acupuncture, USA

Shoulder pain is a common complaint in the acupuncture clinic. Sub Acromial Impingement Syndrome (SAPS), whether from rotator cuff tendinopathy or bursitis responds well to acupuncture treatment that addresses the anatomically significant tissues. Diagnosis can be made quickly in the clinic with a combination of orthopaedic tests. Surgery is not recommended for these cases,

patients are most often prescribed NSAIDS, corrective exercises and corticosteroid injections. Acupuncture offers a safe and effective treatment option for assessment and acupuncture treatment will be demonstrated.

jennynieterslac@gmail.com