

9<sup>th</sup> International Conference on  
**Acupuncture & Chinese Medicine**

## THE YI JING, CHINESE MEDICINE AND MUSIC: A HEALING CORRELATION

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The Music Apothecary, USA

Four different musical scales used in healing music composition will be discussed as they relate to various Traditional Chinese Medicine (TCM) Concepts: Pentatonic, Hexatonic, Diatonic Modes and Octatonic Modes as related to the five elements, the Horary Cycle, the meridians and meridians with five element tones. The 64 Hexagrams converted into both Base 2 and Base 4 equivalents, of the Yi Jing, correlated to the 64 DNA Codons (including the Transcription Process) and correlated to the 5 Elements of TCM will also be discussed. Besides strengthening these elements both the creation and control cycles will also be correlated to the resulting musical prescriptions which can be sequenced in 5,040 different ways. Just as taking pulses can inform the practitioner so too can the pendulum be used for energetic response when placed in circuit with the various ampoules of Applied Kinesiology (AK) test kits. Some of the AK test kits used in the Music Apothecary are: Amino Acids, Body Biochemical, Brain, Digestive Enzymes, Electro Magnetic, Emotional State Composites, Food Toxins,

Healthy Tissues, Hormones, Lectins, Meridians, Nutrition, Sweeteners and Vertebrae. The action of the Prescription Generator (PG) and why it generates the correct musical prescription first time every time will be explained. Some case extracts will be presented that will bring together both the theory and the practice of the Music Apothecary.

### Biography

In 2007 Michael Legge transitioned his career as a Research Scientist, with the NJ Department of Health, to an independent researcher, developing healing music systems based on Traditional Chinese medicine. Acupuncturists earned PDAs from NCCAOM by being certified in the "Legge Method." His "I Ching Rebalancing Music" system was used in TLC Hospice for dementia and failure to thrive patients and Lansdale Hospital for Med/Surg, Telemetry and ACU patients. Currently Mike practices his "Music Apothecary". He also has clinical experience as a Reiki Master, a NAET Practitioner and a Clinical Hypnotherapist. He holds a master's Degree in music composition.

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