

Acupuncture & Chinese Medicine

August 20-21, 2018
Dublin, Ireland

Ilaira Bouratinos, Herb Med. 2018, Volume 4
DOI: 10.21767/2472-0151-C1-002

BALANCE YOUR BELT! (LEVEL THE CENTRE & EDGES)

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Decompress the viscera and correct posture with acupuncture and physical manipulation using Kyo-Jitsu diagnosis and treatment of the Dai Mai. This unique workshop will give the participants an easy way to learn method of diagnosis and treatment of the Dai Mai (belt meridian). We will be applying this method to correct leg length, decompress the abdomen and free the viscera using the Japanese Kyo-Jitsu diagnostic method. The treatment applied is a combination of sotai corrective movement, physical manipulation and acupuncture at specific points related to this particular left-right imbalance that is present in over 90% of the population. This combination of techniques has been developed over more than 20 years of clinical application and has never been presented before. Author has taught it to over 200 practitioners, all with excellent results and it has never failed in its efficacy, not even once! Come and join us, and learn this wonderful combination in just an hour, it is so easy!.



Biography

Ilaira Bouratinos is a Practitioner and Instructor of Oriental Medicine Theory, Acupuncture and Bodywork. She is the Author of "A Practical Guide to Acu-points". She is internationally recognized for her comprehensive knowledge and wide-ranging practice of oriental medicine, acupuncture and bodywork. She first studied oriental therapies as a teenager, became a qualified practitioner of shiatsu in 1993 and of acupuncture in 1995, in London. She is the Founder and Principal of the Oriental Medicine Training Centre in Athens, Greece, where she teaches oriental medical theory, acupuncture, and a variety of other bodywork methods, including shiatsu, therapeutic massage and facial rejuvenation. Since establishing the school in Athens in 1994, she has taught and treated thousands of students and clients.

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