

Acupuncture & Chinese Medicine

August 20-21, 2018
Dublin, Ireland

Vijay Nielsen, Herb Med. 2018, Volume 4
DOI: 10.21767/2472-0151-C1-001

INTEGRATIVE ENDOMETRIOSIS: NATURAL TREATMENT OPTIONS THAT WORK

Vijay Nielsen

Nielsen Clinic, Canada

Endometriosis, a chronic inflammatory disease that affects the pelvic peritoneum and ovaries, is the second most commonly diagnosed gynecological conditions in women. It is referred to as a silent disease and is a debilitating condition for females and a challenging and complex disease for clinicians. Endometriosis often is underdiagnosed and poorly treated, resulting in delayed diagnosis, significant pelvic pain and infertility. Multiple studies have shown that endometriosis has a strong affinity towards estrogen, angiogenesis, and dysregulation of the immune system. There are a wide variety of therapies available in nutritional and herbal supplements which may be used to treat endometriosis. Certain nutritional and herbal supplements have shown to exert complex actions on endometrial cells as well as regulate inflammation, angiogenesis and aromatase inhibitors. Using homeopathic medicines, nutritional and herbal supplements can

not only safely be integrated with conventional treatments but also can be drastically improve treatment outcomes and improve the quality of life for those who suffer from endometriosis.

Biography

Vijay Nielsen has completed a Diploma in Homeopathic Medicine at Dr Nielsen's Homeopathic Medical Education and Research Centre Inc., (Winnipeg, Canada) and has completed his fellowship at Vinayaka Mission's Hospital (Salem, India). In 2005, he started his private practice at Nielsen Clinic, where he specializes in Women's Health and Dermatology, combining homeopathy and integrative medicine with a clinical approach and has won numerous awards. He was recently selected as one of *IMPACT Magazine's* Top Doctor for 2018. He is a Published Author in the *Journal of Pharmacy & Pharmaceutical Sciences* and has a amazon best seller co-authored book.

vnielsen@nielsenclinic.com

