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RECENT ADVANCES IN RESEARCH ON ACUPUNCTURE MECHANISMS OF ACTION CONFIRM SOME FUNDAMENTAL PRINCIPLES OF TRADITIONAL CHINESE ACUPUNCTURE

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The focus of this presentation is three bodies of recent research on the effects of acupuncture on inflammation, gastrointestinal and cardiovascular research that has made an outstanding contribution to our modern understanding of acupuncture. These detailed and comprehensive research efforts have utilized a complement of sophisticated techniques including immunohistochemistry, modern techniques of stimulation and recording of somatic, central nervous system and autonomic pathways, along with an array of modern surgical and neurosurgical techniques. These studies confirm some of the most important and profound principles of traditional acupuncture theory and practice and they provide an important foundation of communication with our non-acupuncture medical colleagues about the practice and benefits of acupuncture.

Biography

Thomas Burgoon is the Ex-President of the American Academy of Medical Acupuncture which is the largest organization of physicians practicing acupuncture in the United States. He has completed his Graduation in Medical School at Vanderbilt University in 1985 and Residency training in Internal Medicine. He began studying acupuncture theory and practice in 1992 and he studied with Anita Cignolini of Milan, Italy for 11 years and four years in the New York College of Traditional Chinese Medicine (NYCTCM). He is a Member of the Editorial Board of *Medical Acupuncture*, the official journal of the AAMA and Chairperson of the Institutional Review Board of the NYC-TCM. He is interested in Traditional Chinese Medical Theory and Practice; also, in the fostering of meaningful dialogue with our colleagues in regular medicine about acupuncture's value in modern medical practice.

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