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## TENSIONLESS ALZHEIMER'S DEMENTIA WITH HERBAL MEDICINE...!

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**A**lzheimer's diseases (AD) is a progressive inexorable loss of cognitive function associated with the presence of senile plaques in the hippocampal area of the brain. It is an age associated, irreversible, progressive neurodegenerative disease that is characterised by severe memory loss, unusual behaviour, personality changes and a decline in cognitive function. The disease is most common form of dementing illness among middle aged and older adults. Although the etiology is unknown, genetic factors clearly play a role in 10%-15% of cases. In Ayurveda AD is considered as smriti *vibhramsha* in which the *Dhi*,

*Dhriti*, *Smriti* gets failed to gets connected with *Jnanendriyas* to recollect it. Ayurvedic medicines offers several option to modify the progress and symptoms of AD. A combination of four herbal powders shows the evidence of improving the symptoms of AD. The phyto chemical studies shows the presence of various valuable compounds like flavonoids etc. and the pharmacological activities shows the presence of anti-amyloidogenic effects. This drug is proven to be safer and economical. This paper is intended to make reader's aware of current thinking in the field of Ayurveda.

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