

2<sup>nd</sup> International Conference on

# SEXUALLY TRANSMITTED DISEASES

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## **Contraception and prevalence of sexually transmitted diseases among adolescents and young adults in Uganda**

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In Uganda young children under 16 years and adults between 20 to 28 years have sores or bumps on the genitals or in the oral or rectal area, painful or burning urination, discharge from the penis, unusual or odd-smelling vaginal discharge, unusual vaginal bleeding, pain during sex, sore, swollen lymph nodes, particularly in the groin but sometimes more widespread, lower abdominal pain aged. With children under 16 years have clear knowledge of sex and have played sexual intercourse with their counterparts. This early exposure to sexual behavior has resulted into high rate of sexually transmitted infections that has caused genital warts, genital herpes, syphilis, gonorrhea, trichomoniasis and HIV among adolescents and young adults in Uganda. Most vulnerable and risk groups include students, tax conductors, motorcyclists and street children. Through study research, it was discovered that most were infected by their mothers during child bath while others from person to person contact in blood, semen or vaginal and other bodily fluids. The majority of adolescents and young adults have a negative attitude towards the use of condoms for safer protected sex. Increased awareness, hospital visits for blood screening, condom use, proper use of contraceptives, increased sensitization are among recommendations Uganda can take as best interventions for sexually transmitted diseases.

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