

Wayne P Gillis, Neurosurg 2017, 2:2 DOI: 10.21767/2471-9633-C1-004

4<sup>th</sup> International Conference on

## **BRAIN DISORDERS AND DEMENTIA CARE**

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## Wayne P Gillis

Author and Brain Injury Thriver, Canada

"Always---Adapt to life change, never React to it!"

In 2013 about 2.8 million TBI-related emergency room (ER) or hospitalizations occurred in the United States alone. TBI contributed to the deaths of nearly 50,000 people. The leading cause of TBI-related death varied by age. Falls were the leading cause of death for persons 65 years or older. Among all age groups, motor vehicle crashes were the third overall leading cause of TBI- related ER visits, hospitalizations, and deaths (14%). Unintentional self-harm was the second leading cause of TBI-related deaths (33%) in 2013. In 2012, an estimated 329,290 children (age 19 or younger) were treated in U.S. ERs for sports and recreation-related injuries that included a diagnosis of concussion or TBI. Brain Injures represent a staggering percentage of personal injury and disability causes in today's society! Directly in this study of recovery, his recommendations to timing, availability of therapy, to one's cognitive level or dissonance, all play an active part in the retrieval of one's inner self. During this

journey of rebuilding & learning, one thing became crystal clear to him. Setting and attaining a realistic goal, feeling proud then adapting to another. "Moving Forward" no less!

## **Speaker Biography**

Wayne was a national bank trainer then went onto build a successful business in Ocala Florida. After the sale, Wayne returned to Canada to go to University, with plans to become a medical doctor. However the course, "The Psychology of Law" altered his path. Then in 2005 a car struck the motorcycle he was driving and atop his NUMEROUS injuries, was a closed head traumatic brain injury (TBI). It was that trauma that started his life all over again! From simple walking to talking, he has lived in Charlottetown PEI, Halifax Nova Scotia and most recently Celebration & Kissimmee Florida. He has developed his Keynote speech and coaching business while being a stay at home Dad, actively managing his two active sons in swimming and competitive gymnastics. Wayne has spoken to Dalhousie University school of physiotherapy, Sun Life Financial as well as CIBC. His passion is to pass his simple yet effective recovery choice to all other survivors and all people in general, dealing with life's inevitable change. Always remembering, GROWTH is an option!

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