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# Neurodegenerative Disorders and Stroke

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## Don't get me wrong, I need just self-healing time

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The debate surrounding online gaming addiction involves conflicting perspectives, and the psychological effects on players vary according to research approach and participant characteristics. The present study examined the extent to which therapeutic catharsis seeking and coping and social self-efficacy mediated the relationships between excessive game playing and aggression and depression. The study drew upon the mechanisms underlying therapeutic interventions involving catharsis, the generic model of psychotherapy, mood management theory, uses and gratifications theory, and the concepts of coping and social self-efficacy and focused on the mediation of excessive game players' aggression and depression. Data were collected from 1,227 Korean game players aged between 10 and 50 years. Structural equation modeling results indicated that players' therapeutic catharsis seeking and coping and social self-efficacy exerted a negative mediatory effect on the relationships between excessive gaming and aggression and depression. Therefore, players' motivation for seeking therapeutic catharsis could be a key psychological mechanism underlying addictive tendencies. The findings also suggested that unknown psychological factors could play a crucial role in further investigation of factors affecting addictive game playing.

### Biography

Hye Rim Lee received her Ph.D. from majoring in the Digital Culture & Contents at Konkuk University in 2016. Currently, she is a research professor at Konkuk University, Seoul, South Korea. She has published more than 30 papers in reputed journals and attended around 20 academic conferences over four years. As a consequence of her hard work and dedication to academic areas, she was honored with the award for Excellent Researcher by the Minister of Education and the Deputy Prime Minister of South Korea at the 2016 Awards and also awarded a medal as a Top 5 Excellent Researcher at her Ph.D. graduation ceremony. Furthermore, she was awarded for having the two best/excellent papers at the International Conference.

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