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10-60-06 STEPS TO ENHANCE DEMENTIA CARE

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Changing cultures towards person centred approaches in dementia care has seen significant progress within the past few years but do person centred approaches alone make for a good care home experience? A pilot programme (involving 12 care homes) was initially developed to bring together the latest thoughts and ideas in dementia care along with four levels of dementia care training to help care homes to consolidate best practice to enhance the well-being of residents living with dementia. The model is underpinned by the seven domains of well-being (Powers 2014) and is currently being implemented within 160 care homes across the United Kingdom with 52 homes accredited so far with achieving 10-60-06 status. All homes on the programme receive advice and support to implement the 76 standards from a dementia care specialist throughout the programme, along with training in levels 1-4 around dementia care developed by the team. In addition, each home introduces a specific activity intervention that has been shown to have some positive effect on well-being for example, music therapy, namaste, doll therapy and reminiscence therapy through the introduction of digital slide shows. This presentation will share some key findings that have been obtained during the programme including improvements in well-being, reductions in distress, and reductions in anti-psychotics, depression and improved pain scores. The programme has also helped care homes to achieve improved regulatory ratings. The dementia care team at Barchester have also published a book outlining the main activities that are being utilised to improve well-being that are demonstrated through individual case studies.

Biography

Caroline Baker is a Registered Mental Health Nurse with over 30 years of experience in Dementia Care. She is currently the Director of Dementia Care for Barchester Healthcare who own over 200 care homes, 160 of which provide Dementia Care. She is the Author of two books about dementia care and has published several articles within nursing journals. She has won the Lifetime achievement in Dementia Care at the UKDC Dementia Care Awards in 2014.

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