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Literature review and analysis of the nursing researches of elderly patients with obesity in China

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To analyze the present situation and problems in the field of the nursing of elderly patients with obesity by reviewing literature and to provide evidence for the improvement, the CBM, VIP, CNKI and Wanfang databases were used to retrieve the studies describing nursing of elderly patients with obesity. There were 298 articles. Then we screened the literature according to the inclusion and exclusion criteria. Main results and characters of the literature were described. A total of 56 articles were included from 2003 to 2016. And the articles developed with increasing trend year by year. The study design use in nursing of elderly patients with obesity was mainly investigative research (33.93%) followed by quasi-experimental study (30.36%). The research topics mainly focused on the relationship between obesity and other diseases (28.57%), followed by the nursing intervention of elderly patients with obesity (25.00%). Studies focused on nursing of elderly patients with obesity develop relatively late in China and are with low quality. The research is mainly about the elderly patients with obesity complications such as diabetes, high blood pressure and lack of specific nursing care in elderly patients with obesity. We need more researches to improve it.

Biography

Xu Xiaofeng is currently pursuing Postgraduate in Nursing at Sichuan University, China. She has published some articles in different journals.

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