

# 25<sup>th</sup> World Pediatrics Conference

&amp;

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# Pediatric Critical Care and Emergency Medicine

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### Patient in shock, a challenge in the ER

The patients in shock are a challenge for every emergency physician, who treats adults or children. Most of the time, the main trouble is not thinking about it, which makes quite difficult to diagnosis a shock if you did not think about it before. We should change the way of thinking about the shock: most of the patients who later developed a shock comes to the ER by themselves, not using an ambulance and the most frequent symptom is discomfort, in adults and in the pediatrician patients goes from crying to somnolence. There is not a complementary test to diagnosis it so that, as you can imagine it is not easy to identify, start the treatment, the right one as soon as possible, because Shock is a time dependent disease, the later you identify it, the worst for the patient. That is why, Emergency Physicians from all over the world, spend a time together, face to face, at least five times per year and by email or Skype more frequently, we must do our best to improve the management of these patients in order to diminish the high rate of mortality and morbidity they present nowadays. Working hard together will make the change we need!

### Biography

Ana Maria Navio Serrano has completed her PhD and Doctor of Medicine and Surgery at the University of Alcalá. She is the Deputy of SEMES (Spanish Society of Emergency Medicine) for IFEM (International Federation of Emergency Medicine), Member of the Research Committee of the International Federation for Emergency Medicine, Deputy Emergency Medical Service of the University Hospital Moncloa, Coordinator of the Spanish Group of Shock in the Spanish Society of Emergency Medicine and holds many important positions in the field of Emergency Medicine in Spain. He has published more than 25 papers in reputed journals and has been serving as an Editorial Board Member of reputed journals.

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