

# What Can We Do in Patients with Palliative Care that Can Improve Their Quality of Life or Even Cure Them?

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## Abstract

The sacroiliac joint (SIJ) is organized by articular surfaces between the sacral and iliac bones. The SIJ includes different functions, among which to connect the spine to the pelvic bone, which permits for better transmission of vertical forces from the spine to the pelvis and lower extremities. The first purpose of the SIJ is to provide stability, which is promoted partly by the muscles attached to the SIJ and is provided by multiple mechanisms, embracing the complex of ligaments fixed to the SIJ. The range of motion of SIJ is estimated around 2 to 4 degrees. Additionally, there are 35 muscles attaching to the sacrum or innominate, which work in a combined effort with the fascial and ligaments, thus ensuring movement and simultaneously stability of the trunk and lower extremities. The SIJ also is an essential generator for pelvic and low back pain (LBP) in the differential diagnosis of referred map pain in the lower extremities and should be considered in the differential diagnosis of pelvic and LBP. There is an underestimation of the prevalence of SIJ pain because there is a lack of research done on the SIJ posterior ligaments. In the United States and the rest of the world, there is an augmented prevalence of LBP and its related costs. In Europe, the increase of adult patients with LBP is associated with sedentary activities as working with a computer behind a desk.

## Biography:

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic diseases, a General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she works with the approach and treatment of all chronic diseases in a holistic way, with treatment guided through the teachings of Traditional Chinese Medicine and Hippocrates. Researcher in the University of São Paulo, in

the Ophthalmology department from 2012 to 2013. Author of the theory Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine. Author of more than 40 publications about treatment of variety of diseases rebalancing the internal energy using Hippocrates thoughts.

## References :

- New findings to consider in the Sacroiliac Joint and Low Back Pain in the Differential Diagnosis
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- Osteopathie zur Optimierung des Golfschwunges

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