



Obesity, Inherited homosexuality and LGBT healthcare

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Abstract:

One major pathogenesis of obesity is the unbalanced hormones, too much stress hormone steroid and/or not enough “anti-obese” happy hormones, endorphin, serotonin, dopamine, and oxytocin, too much estrogen and/or too less testosterone.

If everybody loves his/her love, it may be better balanced. Yet, the reality is the reality. LGBT healthcare remains far behind. As an unresolved frustration, closeted homosexuality causes a series of health problems, obesity, tobacco/alcohol/substance abuse, and mental/psychiatric disorders. Incautious sexual practice causes sexual transmitted diseases (STDs) like AIDS. Social problems like inequality opportunities among minorities happen often. It brought huge challenge for management. Better acceptance and recognition from learning in a variety way, information merged into clinical visits through smart-phone apps and electronic medical record system (ERMS), barrier protection in sexual practice, positive attitude in daily life, team network of physicians, psychiatrists, psychologists, pharmacists, activists, and communities, with loving hearts. Start local, go global, don't ever shut the door.

Biography:

Cheryl Wang, MD, PhD, earned her MD at Binzhou Medical College, MSc., Endocrinology and metabolism, internal medicine in Shanghai Second Medical University (now Shanghai Jiaotong University), PhD in Science, Endocrinology and metabolism, internal medicine at PLA medical college. She was a fellow of obesity at Pennington, of Diabetes at UTHSCSA, of endocrinology at Mayo clinic, of Anesthesia at UB and Columbia Uni, of immunology, surgery, and ob & gyn at Pitts, of hematology and oncology at UM, a CRC at Cetero, a tech at RIKEN, a translator, medical writer, and editor of Medimedia and many companies, an assistant professor at UB and Pen-



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Recent Publications:

1. Cheryl Wang, MD, PhD. Happy booster, How positive attitude promotes health, reduces stress, enhances performance, accelerates performance, and boosts happiness. *IJD-MD* 2018, 3(4): 1-4.
2. Cheryl Wang, MD, PhD. Happy booster. *Outskirtspress.com*. 2018. ISBN 9781478794790.
3. Cheryl Wang, MD, PhD, Tongying Zhang, Jiali Wang, Shaoqing Wang, Xiaoyue Xu, Yiheng Wang. Our family chicken soup to all the beautiful you: my gratitude journal to you all. *Outskirts press*, 2017. ISBN 9781478791089.
4. Wang C. The effect of dietary protein on weight loss, satiety and appetite hormone. *ASNH*, 2019, 3(2): 96-102.
5. Wang C. Chorea associated with nonketotic hyperglycemia: a case report. *International Journal of diabetes and metabolic disorder*, 2019, 4(1): 1-2.

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