

Mindfulness in an age of 'ressentment'

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Abstract

There are no absolutes about human wellness. Psychiatry, Psychology and other cognate disciplines and professions confront modernity's challenges that contextually define human conditions in harmony with creative consciousness beyond the orthodoxies of practice and public policy. Mental health issues confound scourges of decadence. Wellness is consciousness of being; also, it's awareness of becoming in a world colored by despair and hope. Alienation, anger, and terror breed ubiquitous fear and violence. Survivalist instincts sustain hope in an otherwise toxic civilization. This presentation offers an exploration of Nietzschean "ressentment- morality" in contemporary nihilist culture.

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Biography:

Brij Mohan, Professor and Dean Emeritus, School of Social Work, Louisiana State University, Baton Rouge, LA , USA, is author of 22 books and over 400 articles, papers and reviews.

[33rd International Conference on Psychiatry and Mental Health](#), June 25-26, 2020 Abu Dhabi, UAE

Abstract Citation:

Brij Mohan, Mindfulness in an age of „ressentment“, Psychiatry Meet 2020, 33rd International Conference on Psychiatry and Mental Health (<https://psychiatry.neuroconferences.com/>)

