

How Can We Prevent COVID-19 And Other Diseases at The Same Time?

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This theme may be seen as something impossible in the eyes of Western Medicine in which the doctor treated each patient's symptoms.

This article is going to be written according to the influence of Hippocrates, father of Medicine, who says that we should consider older ancient medical traditions prior to the knowledge we have nowadays. [1]

Therefore, looking from the point of view of traditional Chinese medicine, all symptoms presented by the patient are triggered by an energy imbalance, that when treated lead to the treatment of all diseases that are at the leaf level of the tree, as demonstrated in many articles by the author. [2, 3, 4]

This theme was a study taken by the author at the Acupuncture Research Conference that took place in Boston, United States, in 2015, which happened at the Harvard Medical School, in which the author demonstrates that when dealing with all the energy balances between Yin, Yang, Qi and Blood, there is an improvement in all the patient's physical and emotional problems at the same time, even the doctor does not know that the patient has such symptom. [5-7]

In several works already published by the author, about the most diverse diagnoses in Western medicine, such as diabetes, arterial hypertension, myocardial infarction, cancer etc. what all pathologies have in common nowadays is the lack of energy from the chakras' energy centers. [5-7]

In the article written by Huang (2021) entitled Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection, she carried out a survey during a period from 2015 to 2020, studying the chakras' energy centers of a thousand patients and concluded that more than 90% of her patients do not have energy in the five massive organs (Lung, Kidney, Liver, Heart, Spleen) that corresponds to the Five Elements of traditional Chinese medicine. [8]

Each organ is responsible for producing energy and maintaining the health of patients. For example, the Yin and Yang energies are produced by the kidney (second chakra), Blood is produced by the Spleen (fifth chakra) and the Blood to flow inside the vessels is commanded by the Heart (third chakra). The vital energy, known as Qi in traditional Chinese medicine, and prana in Ayurvedic medicine, is distributed by the Liver (first chakra) and by the Lung (fourth chakra). [9]

To describe what all chronic diseases have in common, in all articles written by the author, she is demonstrating a deficiency energy in all five massive organs in traditional Chinese medicine, that corresponds to the Five Elements and the correlation between these organs with chakras' energy centers in Ayurvedic medicine. [5-7]

To the doctors to understand, the author will briefly describe the energy imbalances that are leading to the formation of disease, according to traditional Chinese medicine. For example, in the case of diabetes, there

is a deficiency of Yin energy and formation of internal Heat. In patients with high blood pressure, there may be a deficiency of Kidney (second chakra), the Heat in the Liver and Gallbladder (first chakra), could also have Spleen deficiency (fifth chakra). Myocardial infarction occurs, for example, when there is a general energy deficiency in the body and, for example, cancer comes from energy deficiency of all organs and internal Heat formation. In all articles written by the author, what she found is that all patients nowadays have internal energy deficiency with formation of internal Heat. According to the publication carried out by the author (2021) entitled What have behind in all kinds of infections that we need to know? what we have in common in all infections disease is energy deficiency and formation of internal Heat. [5-7, 10]

So, from the point of view of traditional Chinese medicine, if we treat the root of the patient's problem, which are the energy imbalances, in the case that all chronic illnesses have in common, if we treat the energy deficiency of all internal organs, we can then avoid all illnesses if we treat all in their energy deficiencies of all organs, thus improving immunity, because according to articles already demonstrated by the author, such as in the article she wrote (2021) entitled Are We Vaccinating Immunocompetent or Immunocompromised People for COVID 19? she is saying that quite all the patients that she is attending nowadays are characterized as immunedepressed and not immunocompetent, as the lack of energy means lack of immunity. [11]

As the author had already demonstrated in a study she presented at the Acupuncture Research Conference that was held in Harvard Medical School, in Boston, in 2015, entitled Acupuncture Viewed Holistically Can Treat All Disease at The Same Time. In this study, she demonstrates that if we treat all the patient's energy imbalances (Yin, Yang, Qi, Blood and take out the Heat), all the patient's physical and emotional problems would improve at the same time, even the doctor does not know such symptom. [5, 12, 13]

Since 2015, the author has been studying homeopathy in Brazil and since then she have written a new theory within homeopathy to do a link with the teachings of traditional Chinese medicine. This theory has the title of Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine. The reason that she wrote this theory is that homeopathy nowadays is done in a very decorated way. There is not much reasoning because there is still no clear logic to use this kind of medication so the author realized that there is no logical reasoning for the homeopathy nowadays. For this reason, the author wrote another theory linking homeopathy with traditional Chinese medicine's reasoning and using the logic of traditional Chinese medicine (that have existed for over 5,000 years), which already have all the pathophysiological mechanisms very well described and that have never changed until today. For this reason, the author decided to associate the use homeopathy medications in the treatment of energy deficiencies state described in traditional

Chinese medicine. [14]

The use of this theory came in handy at a very important time that this world is suffering from COVID-19 pandemic. This theory associated one of the oldest medicines (TCM) with medications that exists about 240 years, after the discovery by Hahnemann (1755-1843), that the author has used to treat these patients and any type of disease today, only with the purpose to replenish the chakras' energy centers with highly diluted medications such as homeopathies, according to this theory entitled Constitutional Homeopathy of the five Elements Based on Traditional Chinese Medicine. [14]

Through this study, the author (2021) did an evaluation of a thousand patient's chakras' energy centers, in an article entitled Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection and in the second article entitled Are We Vaccinating Immunocompetent or Immunocompromised People for COVID 19? In both articles, she analyzed that most patients today do not have energy inside the chakras' energy centers. If there is a maintenance of the prescription of highly concentrated drugs for these patients, they will inevitably worsen even more the energy deficiency, worsening the lack of energy state and can lead to death, according to Arndt-Schultz law. [8, 11, 15]

According to this law, highly concentrated medications can further decrease even more the vital energy, which can lead to death. On the contrary, the use of highly diluted medications causes an increase in the vital energy, which can improve the functioning of all the patient's organs, in this case, treating what it is altered in all chronic diseases, that have in common, energy deficiencies, as showed by the author in all her publications. [5, 7, 8, 12, 13]

In an article written by the author (2021) entitled Is the Population in the World the Same as in the Past? she talks about whether the current population of today is the same as in the past. The author claims that the populations of all countries today are different from the population that existed 10, 20, 50 years ago because the pattern of these people's energy levels have changed and the medications previously prescribed for the treatment of various pathologies in the past are no longer suitable for the treatment of the type of patient we have today. The new energy pattern is very low and the maintenance of the prescription of this type of medication (highly concentrated), that were considered scientific medications are now doing harm to patients. [16]

Therefore, the author comes to discuss currently there is a need to reassess all medical curricula of all medical schools that are currently deployed in the world because the doctors we are currently training, are doctors who are learning to prescribe medications that are causing harm to patients in the days of today. It is necessary to reassess the entire curriculum so that these students understand the individual as a whole, from their training in the energy part to the materialization of energy and not just a part as it is done today, after the implementation of the Flexner report in 1913. [17, 18]

Therefore, according to the teachings of Hippocrates, if we use the teachings of older medicines such as traditional Chinese medicine, we will be able to prevent the onset of various diseases and also COVID-19 at the same time, without often using highly concentrated medicines that are doing bad for the population's health and also without using vaccines that are also causing side effects and due to the emergency we are going through, due to the few studies carried out to date, regarding the potential

of developing a future disease in a time, like autoimmune disease, as the author wrote in the article Are the Vaccines the Only Solution to Control COVID-19 Pandemic? [1, 8, 19]

What we have to do today is to improve the immunity of our patients, which is proven to be low. Due to the electromagnetic influences, that we are suffering these days and that we are fatally causing people to get sick and they are quite all immunodepressed as the author (2021) demonstrated in the article Are We Vaccinating Immunocompetent or Immunocompromised People for COVID 19? Treating the lack of energy, we will be treating the cause of all diseases nowadays, demonstrated by the author in all her articles. [5-7, 11]

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