



Effects of photobiomodulation therapy in patients with non-specific shoulders pain

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Abstract:

Shoulders pain is one of the most prevalent cause pain in man.

There are many inflammatory mediators which could be associated with shoulders pain.

Photobiomodulation it seems to be a good solution for this problem. Photobiomodulation is result of the low level laser therapy. Photobiomodulation there is non-pharmacological therapy which modulates many inflammatory mediators in shoulders pain especially after injury.

The aim of this study was to evaluate safty and effitiently for treatment of shoulders pain

In this study we enrolled 20 men with shoulders pain- inflammation, after injury, non-specific Average 56,4 age.

The pain was calculate by special pain score. 1 – nothing 10 – very

Results- 80% of treated patients had significantly improve decres pain

Conclusion- low level laser therapy are safty and efficient-ly gain for treatment of shoulders pain

Biography:

Dr. Artur Sandelewski is a general surgeon and general practitioner of aesthetic medicine. Dr. Sandelewski has over 20 years of clinical experience. Dr. Sandelewski also holds a doctorate in medical sciences. Dr. Sandelewski is the author and co-author of scientific articles published in Polish and foreign magazines. He gained a lot of experience during many courses and trainings in Poland and abroad. Dr Sandelewski is founder of San-Medical – pri-



vate clinic Dr. Sandelewski was also a lecturer at foreign congresses of plastic surgery. At his clinic, San-Medical Medical uses cold lasers for treatments- back pain, shoulder pain etc. He cooperates with neurologist in his office. Nowadays he is focused in usefull of low level laser therapy for treatment of the pain- inflammation and post-injury and brain disordes like Parkinson’s , Alzheimer’s diseases,

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