

Challenges in Indian Health Care

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Abstract

The World Bank's Universal Health Coverage Index quotes India at the 157th position of entire 195 Nations. Lancet Report mentions that India is the poorest performer of all BRICS countries in terms of health and health index

Healthcare challenges: WHO states the suicide incidences in India are 21.1/one lakh population. It confirms the lack of mental well-being of citizens.

Political, Economic and infrastructural problems: Poverty doesn't allow people to use expensive health services. Public health expenditure is inadequate, spending is only 1% of GDP. The out of pocket expenditure shifts families from APL to BPL.

The lack of regulation by the government in hospitals allows to adopt unethical practices. India which makes up 16.5% of world's population faces a significant burden of diseases that accounts for "a 3rd of diarrheal diseases, tuberculosis, respiratory, parasitic infestations, prenatal conditions. ¼ of maternal ailments, 5th of nutritional deficiencies. India is the 2nd largest in HIV/AIDS cases in the world. Indian healthcare establishments have pitiable operational strategies. There is Growing Burden of Disease. Poor Healthcare Planning, Inequitable distribution of resources, Shortfall of Physical Infrastructure, Trained Manpower (Doctors, Nurses, Para-medics). Miniscule Healthcare Budget, High Cost of Advanced Treatments, Low Insurance Penetration and Unregulated Private Sector. India has good enactments of laws, but political will is lacking to enforce these laws.

Conclusion: Nurses being the largest segment of the health work force and the most trusted are leading the way to transform health and health care. Focusing on the social determinant of health and place, nurses with distinct skill set advance the health of the individual, families and communities. This skill includes consistent utilization of nursing process application and decision making will help to achieve health and well-being for all.

Biography

Sharadha Ramesh, PhD in Nursing, Director, Symbiosis International University, Pune, India has a total of 34 years' experience in Nursing Service, Education and Research. Has done 36 independent researches. Was invited speaker by various television channels. Invited Speaker for over 156 conferences. Has a broad list of publications? Invited Panel Expert of Beta Nu Delta Inc –International Philippines Nurses Society – up till 2017.



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