**BE MOUTHWARE - SPEAKUP FOR YOUR MOUTH**

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**Abstract**

Be’ Mouthaware - Speak Up For Your Mouth: This topic include general awareness regarding the Oral hygiene, which is being neglected by majority of the individuals all over the world. Most common dental problems that are faced by people and their complications are included. There are few references that helped supporting the above statements like The Journal of Dental Hygiene, International journal of Preventive and Clinical Dental Research, Asian Pacific Journal of Cancer Prevention. The Impact, Risk factors, Early Diagnosis, Self-examination techniques, Signs and symptoms and methods to prevent Oral Cancer are mentioned. Common systemic illnesses like Diabetes and their impact on dental health is also included. In this developing world, Countries are getting modernised and cultures are getting exchanged between different people, and the main point to mention is social habits and their effects on dental health. Collection of few Studies and Researches which have stated that there is a link between bad oral hygiene and various systemic illnesses like Heart diseases are included.

**Biography**

Ms. Satyasree Golla has completed her Bachelor of Dental Surgery at the age of 23 years from DR.NTR University of Health Sciences. She has qualified in the National Eligibility cum Entrance Test – MDS INDIA 2019. She has attempted Graduate Record Examination and scored 301 and 3.5 in Analytical test. She has also attempted English proficiency standard tests and got a score of 6.5.