

Women's, interaction between trauma and alcohol

Walaa Elhaj Mohamed

Qualified pre master diploma course at University of Khartoum

Abstract

Women appear to be more vulnerable than men to many adverse consequences of alcohol use. Women achieve higher concentrations of alcohol in the blood and become more impaired than men after drinking equivalent amounts of alcohol. Research also suggests that women are more susceptible than men to alcohol-related organ damage and to trauma resulting from traffic crashes and interpersonal violence. This Alcohol Alert examines gender differences in alcohol's effects and considers some factors that may place women at risk for alcohol-related problems.

So the case of intimate partnerviolence (IPV) is at greater risk for physical and mental health problems including posttraumatic stress disorder (PTSD) and alcohol dependency. On their own IPV, PTSD and alcohol dependency result in significant personal, social and economic cost and the impact of all three may compound these costs.

Evidence suggests that alcohol use increases the occurrence and severity of domestic violence (6,7,8). ... Alcohol use directly affects cognitive and physical function, reducing self- control and leaving individuals less capable of negotiating a non-violent resolution to conflicts within relationships..

The purpose of this study is to describe the experience of seeking help for alcohol dependency by women with PTSD and a history of IPV in the context in which it occurs. Methodology & Theoretical Orientation: An inter subjective ethnographic study using hermeneutic dialogue was utilized during participant observation, in- depth interviews and focus groups. An ecological framework was utilized to focus on the interaction between the counselors and the staff to understand this relationships and the context in which it occurs.

Received: May 04, 2022; **Accepted:** May 15, 2022; **Published:** May 29, 2022

Biography

Walaa is a microbiologist, now she is a staff, working in ADSCC as a volunteer for a Covid19; Walaa has a passion for improving health and wellbeing. She hopes that she will create new pathways for improving healthcare in her country for the people there and the surrounding world.

Her first time to write or research to send for another always searching just to read it's like a chance and challenge for her. Hope to communicate with someone who had experience and learn more from her/him with or without conference.