

What do we expect from Traditional Chinese Medicine in the COVID-19 Pandemic?

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Abstract

Traditional Chinese Medicine has a strong orientation towards infections and epidemics, which were understood in the old days as “Febrile Illnesses”. Many medicinal herbs and their combined formulations have been advocated for the treatment of respiratory infections and they remain popular to-day.

Epidemics have imposed frequent public health problems in China in the recent decades. The traditional herbal formulae have been used in the combat against infections under all circumstances and have gained vast support from the Central Government.

The 2003 SARS experience has given a vivid demonstration of the Central Policy.

The current COVID-19 epidemic in China is giving an update of how Chinese Medicine is being used and advocated for infection treatment.

Herbal medicine could not be counter-acting the invading organisms directly in a respiratory infection. Neither would it specifically resist the viral invasion like a vaccine. Herbal medicine could have ability to boost up the innate immuno-defense of the individual to allow him to be more capable to resist the invading organism.

Research work could follow the evidence-based principles to prove the broad Preventive Value of the Herbal Formulations.

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Biography

Professor Leung’s research areas including Orthopaedics, Osteoporosis, Microsurgery, Public Health, Traditional Chinese Medicine and General Education. He is also the author of over 800 scientific manuscripts in journals and 27 books. Professor Leung has been appointed as editor of 11 International Journals since 1982. He is trying hard to develop a research methodology basing on modern clinical science requirements, to modernize on Traditional Chinese medicine. Currently he is working on projects related to cancer, aging and neurodegeneration, which initiated his enthusiasm searching for wisdom from other well established traditional medicine regions in the Middle East and South Asia.

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