

## Tips and Tricks in Hair Tourniquet Syndrome (HTS)

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### Abstract

Hair tourniquet syndrome (HTS) is a rare clinical phenomenon. In this condition, a body appendage is tightly and circumferentially wrapped by hair or similar material. Commonly affected sites include fingers, toes and genitals. Prompt diagnosis and treatment of this condition is vital to attain good outcome and prevent even a catastrophic consequence of auto amputation in affected body part.

**Objective :** Talking about this topic to increase physician awareness of this syndrome and highlight the importance of early release of the tourniquet to remove the hair according to anatomical consideration to avoid iatrogenic injury of the neurovascular bundle in digits and structures in genitalia.

**Aim of the work:** HTS may lead to tissue loss if not recognized and intervened urgently. Making a wrong diagnosis like infection without a careful physical examination may lead to deterioration of the patient's condition so; we wished to increase awareness of this syndrome and sites for incision.

### Biography

I am Abdullah El-Osh , experienced in emergency life support , I have taken courses in basic and advanced life support at American heart association , Health services in emergency training based on the IFRC toolkit at Egyptian red crescent , I am instructor potential for basic life support in American heart association , I have taken many courses in research , My review was accepted to presented as an oral presentation in Damietta faculty of medicine , Al-Azhar university , Damietta , Egypt ( 3 times ) 2015 , 2019, and my review was accepted to presented as an oral presentation in international conference at Alexandria university at April , 2019 , I am interested in public speaking and I would like to present this topic in your conference as it serious condition that we can face it in emergency department.

[13<sup>th</sup> International Conference on Osteoporosis, Arthritis and Musculoskeletal Disorders](#) | Dubai, UAE | April 23-24, 2021

**Citation:** Abdullah El-Osh, Tips and Tricks in Hair Tourniquet Syndrome (HTS), Osteoporosis 2021, 13th International Conference on Osteoporosis, Arthritis and Musculoskeletal Disorders, Dubai, UAE, 23-04-2021