

The Impact of COVID-19 Restrictions on Caregivers of Individuals with Dementia

Siri Tummala^{1*}, Cheryl Harding², Jaime Cobb², Gary Kesling¹

Department of Dementia, TCU and UNTHSC School of Medicine, Texas, United States

Department of Dementia, James L West Alzheimer Center, Texas, United States

*Corresponding author: Siri Tummala, Department of Dementia, TCU and UNTHSC School of Medicine, Texas, United States

Abstract

The COVID-19 pandemic has altered the structure of dementia centers to accommodate to public health guidelines. This study evaluates the psychological, social, and biological factors influencing caregivers of individuals with dementia as a result of the COVID-19 pandemic at a long-term dementia care facility in Texas. Between January 15, 2021 and April 15, 2021, 38 caregivers participated in an anonymous electronic survey. The mean total burnout score was 36.43 out of 70. 73.68% reported a decreased connection with their loved ones. 59.46% believe that their loved ones have had more cognitive decline as a result of the COVID-19 pandemic. Our findings suggest that caregivers have faced several deleterious effects as a result of the restrictions imposed by the pandemic, which has led to increased feelings of burnout among caregivers.

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Biography

Siri Tummala is currently working for Department of Dementia, TCU and UNTHSC School of Medicine, Texas, United States. Has attended and gave presentation on

The Impact of COVID-19 Restrictions on Caregivers of Individuals with Dementia.