

The efficiency of the selected triple P program for Turkish parents

Burcu ARKAN

Bursa Uludag University, Turkey



Abstract

To examine the effects of Triple P applied on the parents of the children who are 3-12 ages on the attitudes and the mental health of the parents and on child behaviour. The research was conducted in a quasi-experimental manner. The study sample consisted of 91 parents who agreed to participate in the study. Data were collected using the Family Background Questionnaire, General Health Questionnaire, Strengths and Difficulties Questionnaire, Parenting Scale and Parent Satisfaction Questionnaire. Selected Triple P Programme was implemented with the all parents for 3 weeks (3 seminars). Data were collected immediately after the programme. Data were evaluated by using multidirectional variance analysis, t- test and chi-square test. It has been shown that the Selected Triple P applied to the parents of the children positively affects the mental health of the parents, their parental attitudes and the problematic behaviour of the children.



Speaker Publications:

1. "Insight into the effects of the donors and pi-spacers on the photovoltaic performance of quinoline and pyridocarbazole based DSSCs"
2. "Epidemiological features and disease awareness in inflammatory bowel diseases; A cross-sectional study with the Izmir example"
3. "Investigation Of The Frequency Of Application To The Emergency Service And The Stress Factors Instituting A Panic Attack"
4. "A Reliability and Validity Study of the Turkish Version of the Parenting Scale"
5. "The Analysis Of Nanda Nursing Diagnoses Of Senior Students In Clinical Practice Of The Mental Health And Diseases Nursing Course"

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Biography:

Burcu Arkan got her Bachelors degree in Dokuz Eylul University Faculty of Nursing in 2004. She got her Masters and Ph.D. degrees from Dokuz Eylul University, Institute of Health Sciences. She had additional training in child and adolescent psychiatry in Queensland University, Australia. She participated Triple P Provider Training Courses in Australia. She has been conducting Triple P with parents in Turkey. She teaches psychiatric nursing, child and adolescent mental health nursing, coping with stress.