

## Tau Protein in the Retina - Umur Kayabasi - Bahcesehir University, Turkey

Umur Kayabasi<sup>1</sup> and John Rose Sr.<sup>2</sup>

<sup>1</sup>Bahcesehir University, Turkey

<sup>2</sup>John Rose Eye Center, UK

### Background:

Recent research suggests that Tau is the offender injury alongside neuroinflammation in the etiology of Alzheimer's disease (AD). Retina is the extension of the brain and is the most easily approachable part of the central nervous system. Disclosure of the neurotic protein aggregations might be conceivable by utilizing otherworldly space optical coherent tomography (SD-OCT) and fundus autofluorescence (FAF). There is evidence showing that retinal plaques start accumulating even earlier than the ones in the brain. Most new Tau protein images in the brain consist of normal or reverse C-shaped paired helical filaments. Tau is an axon-enhanced protein that ties to and settles microtubules, and subsequently assumes a critical job in neuronal capacity. In Alzheimer's ailment (AD), neurotic tau collection relates with psychological decrease. Generous visual shortfalls are found in people influenced by AD including a special loss of retinal ganglion cells (RGCs), the neurons that pass on visual data from the retina to the mind. At present, be that as it may, the components that underlie vision changes in these patients are inadequately comprehended. Here, we asked whether tau assumes a job in early retinal pathology and neuronal brokenness in AD.

### Methods:

20 patients with PET explain AD was examined by SD-OCT and FAF. Mean age was 72. Hypo or hyperfluorescent retinal lesions were examined by SD-OCT and C shaped paired helical fibers were investigated in a masked fashion. The researchers agreed on the shape of the lesions. Both C-molded (typical or turn around) fibers and more slender fibrillary structures were thought about. Alteration in tau protein and quality explanation, phosphorylation and condition were researched by western smears, qPCR and immunohistochemistry in the retina and visual pathways of triple transgenic mice (3xTg) harboring changes in the traits encoding presenilin 1 (PS1M146 V), amyloid herald protein (APP<sup>Swe</sup>), and tau (MAPT<sup>P301L</sup>).

### Results:

In all the patients, combined helical fibers that precisely related with the histopathologic and cryo-EM pictures of Tau fit as a fiddle and measurement were recognized alongside slim fibrils and injuries like amyloid beta. The quantity of the retinal fibers and other irregular proteins was in concordance with the seriousness of the malady procedure.

The pushed retinal strands had run of the mill or pivot coordinated C shapes and pitiful fibrils had the condition of histopathologic pictures seen in early developmental periods of the sickness.

### Discussion:

Recent research uncovered the significance of Tau accumulation in the malady procedure. The spread of tau protein totals in the cerebrum corresponded with clinically watched subjective shortage and movement of utilitarian mind examine shortfall. The reason for this neuroanatomical spread was set up in mouse models where irregular tau could be traded between neurons. The beginning time totals of tau (oligomers) went about as irresistible particles, spreading the pathology starting with one locale then onto the next.

Conclusions: Retinal images of Tau were discover for the first time in live AD patients. Retinal neuroimaging is a exact biomarker and tool for monitoring the disease.

**Keywords:** Neurodegeneration, Alzheimer's disease, Tau, Retinal ganglion cell.